

## **Penthrox for IUD Insertion:**

Penthrox (methoxyflurane) is a medication used for short-term pain relief during medical procedures, including IUD insertion. Penthrox works as an analgesic, helping to reduce discomfort by acting on the nervous system. It is inhaled through a special device that allows you to control the amount you breathe in, ensuring comfort during the procedure.

# Where to get it:

You should have received an e-script for Penthrox from our rooms. Penthrox is available at most pharmacies. Please bring the Penthrox with you to your procedure.



### How it works:

When inhaled, Penthrox takes effect quickly, reducing pain and anxiety. It helps you stay relaxed and comfortable during the IUD insertion, though you will still be aware of your surroundings.

# **Administration:**

Dr Anju and the nurse will guide you through the process of using the inhaler. You will be asked to breathe in the medication as needed, and the team will monitor your response to ensure your safety and comfort.

# After the procedure:

Penthrox leaves your system quickly, and most patients feel normal soon after the procedure. However, you may feel a bit lightheaded or drowsy right after use. You will need someone to drive you home after the procedure and avoid driving for a few hours following the procedure.

If you have any questions about Penthrox, there will be an opportunity to ask at your appointment.